
NEW & NOTABLE

PORK BELLY BACON

Love Bacon? try our exclusive 1/2 pound of hickory-smoked pork belly! hand-cut into 3 thick slices. great for a starter | **11**

STEAK + PASTA

indulge in our AAA+ hand-cut Angus **8oz New York steak**, creamy fettuccine alfredo, parmesan and garlic bread | **32**

BBQ BEEF SHORT RIB*

Back by demand! our original Bone-In Beef Chuck Short Rib! Slow-cooked for a minimum of 24 hours, and finished with whisky BBQ Sauce. served with Yukon gold mashed, broccoli slaw and vegetables. | **24** *limited quantities

16oz BONELESS RIBEYE STEAK*

Of all the high-end cuts of beef, we strongly believe this beautifully marbled steak is the richest and most flavorful and is known for its buttery flavour and tender texture. served with Yukon gold mashed potatoes and fresh vegetables | **40** *limited quantities

BBQ PORK RIBS + BLACKENED CAJUN CHICKEN

can't decide? let us help! 1/2 rack of our slow-cooked St. Louis style spare rib finished with forty creek bbq sauce paired with our fresh blackened cajun chicken breast, served with Yukon gold mashed potatoes, vegetables and broccoli slaw | **30**

START & SHARE

MUSHROOM CAPS *request no garlic bread for gluten-friendly

cream cheese, crab, shrimp and green onions, mozzarella cheese, with garlic bread | **15**

BONELESS DRY RIBS

our popular boneless dry ribs tossed in lemon, sea salt and cracked pepper, side dill dip | **14** | + fries **3** + caesar salad **3**

CRISPY CALAMARI

hand-battered, lightly fried and finished with fresh parsley, green & red onions, lemon and homemade tzatziki sauce | **15**

SWEET POTATO FRIES

with homemade chipotle mayo dip | **9** | make it a poutine +**3**

GARLIC PARMESAN FRIES

tossed with garlic-infused butter, parmesan cheese | **9**

PROPER POUTINE

cheese curds, parmesan, beef gravy, fresh parsley | **11**

CHICKEN WINGS

freshly fried per order, with ranch and carrots | **15**

dry rubs: salt + pepper, lemon pepper, cajun, dill pickle

saucers: 3rd degree, franks hot, buffalo ranch, honey garlic, bbq, teriyaki, sweet chilli, sriracha

FRIED CHICKEN TENDERS

fresh hand-cut and hand-battered chicken breast served with a choice of dipping sauce | **14** + fries **3** | + caesar salad **3**

NACHOS

corn tortillas, tomatoes, red onions, bell peppers, jalapenos, green onions, cheese blend, with salsa and sour cream | **16**
+angus ground beef **5** | + grilled chicken **5** | + blackened Chicken **6**

SALADS & SOUP

CAESAR SALAD *request no croutons for gluten-friendly

crispy romaine lettuce, shredded parmesan, creamy dressing, croutons | **11** | **half size 6**

SPRING MIX SALAD

grape tomatoes, red onions, cucumbers, shredded parmesan, choice of dressing | **11** | **half size 6**

GREEK SALAD

red onions, grape tomatoes, feta cheese, cucumbers, bell peppers, parmesan, Greek feta vinaigrette | **14** | **half size 9.5**

ADD TO ANY SALAD

+ New York Steak **15** | + grilled chicken **5** | + blackened chicken **6** | crispy chicken **6** | + thick diced hickory bacon **3**

FEATURED SOUP

Bowl **6** | Cup **4** | + garlic bread **2** | + cheese toast **4** | + small caesar salad **3**

SANDWICHES

PHILLY CHEESESTEAK SANDWICH

thinly sliced Angus beef, sauteed onions, swiss cheese, mayonnaise and served on a french baguette with side au jus | **17**

BUFFALO CRISPY CHICKEN BURGER*

hand-battered chicken breast, buffalo ranch sauce, lettuce, and tomatoes | **17**

CHICKEN CLUB SANDWICH

fresh chicken breast, smoked bacon, lettuce, tomatoes, swiss cheese, chipotle mayo | **17**

BLACKENED CAJUN CHICKEN SANDWICH

blackened cajun chicken, aged cheddar, lettuce, tomato, chipotle mayo | **17**

sandwiches are served with french fries or mashed potatoes |

 substitute for sweet fries, parmesan fries, poutine, onion rings, side caesar, side mix salad **or** cup of soup **+2**
sandwiches are available as a lettuce wrap for a gluten-friendly option. *excludes Buffalo Chicken Burger

LET'S EAT STEAK!



OUR BEEF IS DISTINGUISHED WITH THE HIGHEST CERTIFICATIONS IN CANADA.

We hand-cut our steaks daily from AAA+ Certified Angus Beef® and Angus Reserve® Beef. steaks are prepared with kosher salt, cracked black pepper and garlic herb butter.



ANGUS NEW YORK STRIPLOIN

The New York Strip Steak is a Steakhouse Favorite, it has an intense flavour, with bold, beefy notes. Served with Yukon Gold Mashed Potatoes and Fresh Vegetables

80Z | \$23 | 120Z | \$30

Steak Addons | + sautéed mushrooms **3** | + sautéed onions **3** | + garlic bread **2** | + crispy onions **2**

BURGERS

THE PROPER BURGER

certified Angus beef® ground chuck, cheddar, lettuce, tomatoes, onions, pickles, burger sauce | **16**

BACON CHEESEBURGER

certified angus beef®, bacon, lettuce, tomatoes, onions, pickles, burger sauce | **17**

WHISKEY BBQ BACON CHEESEBURGER*

certified Angus beef®, bacon, cheese, lettuce, tomatoes, bbq sauce, fried onion strings | **18**

MUSHROOM + ONION BURGER

certified angus beef®, swiss, sauteed onions and mushrooms, lettuce, tomatoes, burger sauce | **17**

JALAPENO BURGER

certified angus beef®, swiss, lettuce, tomatoes, onions, jalapeno peppers, chipotle mayo. | **17**

 Hamburgers are available as a lettuce wrap for a gluten friendly option. *excluding BBQ Bacon Cheeseburger

MAINS

BLACKENED CHICKEN

boneless brined chicken breast, seared with house-made cajun spices, topped with garlic herb butter, served over Yukon gold mashed potatoes, with vegetables | **20**

CHICKEN NEPTUNE

boneless brined chicken breast, topped with a homemade crab, shrimp, green onion, and cream cheese mix, baked with mozzarella and finished with parmesan cream sauce, Yukon gold mashed and vegetables | **22**

CRUNCHY CHICKEN

boneless brined chicken breast, hand-breaded and lightly fried, topped with parmesan cream sauce and served with Yukon gold mashed potatoes and vegetables | **20**

PROPER FISH & CHIPS

large Haddock fillet, hand-battered and crispy fried per order, served with French fries, lemon wedge, tartar sauce and broccoli slaw. | **17.5** | + extra piece of fish **10**

DOUBLE VEAL CUTLETS

topped with sauteed onions and beef gravy, served with Yukon gold mashed potatoes and vegetables. | **19**

BBQ PORK RIBS

St. Louis style 1/2 spare rib, slow-cooked for a minimum of 16 hours, finished with forty creek whisky bbq sauce, served with Yukon Gold mashed potatoes, slaw and vegetables. | **20** | + additional 1/2 rack **12**

130Z HAMBURGER STEAK

certified Angus beef ground chuck, sautéed onions, beef gravy, served with Yukon gold mashed and vegetables | **19**

BOWLS & PASTAS

PROPER ALFREDO

creamy parmesan alfredo sauce served with garlic bread | **15**
+ grilled chicken **5** | + blackened chicken **6** | + hickory smoked pork belly **6** | + baked with mozzarella **3**

BUTTER CHICKEN *request no naan for gluten-friendly

tandoori chicken, homemade creamy Indian butter chicken sauce, fragrant jasmine rice, served with naan bread. | **18**

MONGOLIAN BEEF

certified Angus beef, bell peppers, red and green onions, chilli flakes, garlic, sweet + salty sauce, jasmine rice. | **18**

CHICKEN NOODLE BOWL

marinated chicken, homemade teriyaki sauce, broccoli, carrots, onions and cabbage on skinny noodles. | **18**

SHEPHERDS PIE

homemade certified Angus beef, carrots, peas, corn, and onion stew, baked with Yukon gold mashed, parmesan and mozzarella cheeses, with garlic bread. | **17**

BEEF LASAGNA

traditionally layered with meat sauce and ricotta cheese, baked with mozzarella. finished with shredded parmesan cheese, served with garlic bread | **17**